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Dear Parents,

We have been advised by the NHS Board Health Protection Team (HPT) that there has been a confirmed case of COVID-19 within Fraserburgh Academy.

We know that you may find this concerning, but we are continuing to monitor the situation and are working closely with HPT. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The children who have been in direct contact with the confirmed case will be contacted by the Test and Protect service and they will be staying at home for 14 days.

The school remains open and your child should continue to attend if they remain well and have not already been advised by Test and Protect to self-isolate.

**What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they must not come to school. Anyone with symptoms will be eligible for testing and further information on testing can be found on NHS Inform. They should begin 10 days of self-isolation whilst waiting for test results.

All other household members who remain well must stay at home and begin 14 days of self-isolation. The 14-day period starts from the day when the first person in the house became ill. Household members should not go to work, school, public areas or use public transport. <https://www.gov.scot/publications/coronavirus-covid-19-test-and-protect/pages/who-needs-to-self-isolate/>

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If your child’s result is negative, they can return to school when they feel well and have had no fever for 48 hours (without needing paracetamol.) The household isolation can be lifted.

If your child’s result is positive, you will be contacted by Test and Protect and advised accordingly.

**Symptoms**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

•new continuous cough and/or

•high temperature

•a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child or anyone in the household does develop symptoms, you can seek advice from NHS Inform.

**How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

**Do**

• wash your hands with soap and water often – do this for at least 20 seconds

• use hand sanitiser gel if soap and water are not available

• wash your hands as soon as you get home

• cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze

• put used tissues in the bin immediately and wash your hands afterwards

**Further Information**

Further information is available at:

https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19

https://www.gov.scot/coronavirus-covid-19/

Yours sincerely



Rector